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JULY 28th

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Editorial for the Communicator must reach the Editor on or before the second Thursday of the month for inclusion in that month's issue. Any and all articles are welcome; however the editors reserve the right to choose content suitability for publication.

To submit articles, items for publication, letters to the editor or to ask questions of our technical writers, please address all correspondence to The Editor at the address shown on the front cover or via email to phil.48@bigpond.com. If you know of anyone who wants to advertise in the Communicator, space and charges are available on request, speak to a committee member for more information.

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Meeting dates.

ACRM SA Inc. Meetings are on the FOURTH TUESDAY of each month.

There is no meeting in December, thus November is break-up meeting.

May's OCM will be 28th. Cancelled

June's OCM ALSO CANCELLED.

July's OCM is on the 28th. Let's hope we don't have to change that!

ACRM SA Inc. Meetings are held at 1st Gilberton Scout Hall, 3A Redmond Rd, Collinswood. SA.

PRESSIE'S PRATTLE; Phil 48:

The light 's getting brighter! Following talks with the Scout group, I can confirm the 28th July is our next meeting date. Before the scout hall is reopened for use there are a few things that will happen. Logically covid-19 precautions are foremost and apart from the hall being made ready, we have had to sign an addendum to the hall hire agreement, which covers a covid-safe plan for hall hire and use. As to the full agreement, I'm not aware of it yet. It will be based on current Covid-19 restrictions at the time and at the time of writing, only one stipulation has been formulated and that is 20 people are allowed in the hall at one time. With our recent attendance to go on, I'd say that is easily observed.

I would expect social distancing and hygiene (sanitizer use) to be also covered.

However, all that is achievable and as mentioned, logical for safety reasons.

I've not heard of any changes to events, banned, postponed or cancelled since last month, thus until things change, keep safe and perhaps recheck everything our TO talked about last month.

Corona Roulette: a bit more drivel; Phil 48:

It was the best of times, it was the worst of times (A Tale Of Two Cities "Dickens")
Broadly translated as;

No matter how similar the situation, everything means something different to everyone else.

"Idongeddit," would be the cry from someone in the classroom and our poor old English teacher would labour over the meaning until he thought we'd all got a good grasp on his favourite subject. and I do mean favourite, he was a literary nut. My guess is he'd be rolling over in his grave if he saw some of his supposed teachings coming out of me. Maybe more like a lamb on a greased spit, around and around and around.

Perhaps I'd better put a period to this ramble, as one of his favourite sayings was "Get it right or I'll come back to haunt you." Coming from a Priest, that's a worrying thought.

I've done with him now anyway so I'll get onto why I was thinking of Charles, and a Tale Of Two Cities along with my interpretation of those infamous lines. It's covid-19 - and my disbelief that so many can get it so wrong. Usually, if a bomb is about to explode, it's unlikely anyone is going to stick their head out of the bunker to see if

it goes off - BUT with this potential Corona killer, entire states seem to find pleasure in popping their heads up and having a look. I'm sorry but I have trouble coming to grips with stupidity of that nature. I'm reminded of the Wet Paint sign and the urge to touch, just in case it's now dry. I wonder which bit of "This Virus can Kill," is so alluring that one would like to gamble on a Tag-team with death?

TREASURE TROVE; Chris 49

Oh fiddlesticks, it's mag time again! As usual the topic bank is rather bare so I thought I'd mention something that is close to me / us. A good friend, who was more than that because he was often referred to, as our fourth son. Affectionately, known as Rolly, for a couple of reasons, one was his shape, a not so flattering spherical bloke, who at one stage copped the nickname Beach ball with eyes and secondly because of his uncanny habit of rolling his vehicles. Rolly was a CB nut but more than that, he had his amateur ticket and after finding us at our shop, the S.A.C.B. Centre, explained that he had moved to South Australia from NSW after his mother died. He was looking for work and somewhere to live. He bought a large caravan and ended up in our back yard so accommodation was catered for and because of his knowledge around the workings of a radio; we put him to work on the bench in the repair section of the shop. By this stage he'd become Uncle Rolly to our kids and we all got on famously, however it was soon obvious who was the biggest kid and the tag of 4th child soon ensued.

Any-hoo, on the 14th July, he suffered a massive heart attack and we lost him. Sadly it had to come at a time when covid-19 was regulating the funerals and although restrictions were being slowly lifted, it still meant a maximum number could attend, 30 I think it was, which was better than 2 weeks prior when a friend's family were limited to family only and anyone else could watch it streamed live, on the internet. At Rolly's funeral, Strict Covid-safe rules were observed and everyone seemed happy to obey. Phil commented how strange it was shaking wet hands because they all squirted copious quantities of sanitizer on their palms before the shake. He agreed it was a good idea but why not dry the hands first? Either way, it beats elbow bumps and other such precautionary greetings.

There is nothing like a pandemic of this magnitude to make sure anything up-close and personal is destroyed. Despite these hindrances, what was said and done within the confines of restraint made it a nice funeral, that is, if nice and funeral should be used in the same sentence? One would assume that it's a bit of an Oxymoron but not so, the restrictions mean only close friends, people who knew Rolly well, were

in attendance, thus even obscure innuendos about Rolly's many oddities were already understood, making lengthy explanations unnecessary.

48's picks (of 49's Pictures)

Well that was a pleasant surprise. I threw this subject in last month out of desperation to fill a hole and out of the blue, some of you liked the personal content of the subject as opposed to everything ACRM.

I'd like to say it could continue but if I kept on putting in stuff from her phone it would probably be kids, weddings, kids, grandkids and more grandkids – Or, the already used last year, photos from the top of Mt Rufus. Boring, I know – and how do you pick one grandkid over another? They're all gorgeous. I often tell them I have no favourites but pointing to one I'd say but you're special and if one of the others ever needed an organ transplant, you'd be my first choice, special, yep, very special. Of course, I'm lying through my teeth – there is no way I could even think that, let alone say it. Although once they are a bit older and know what a joke is, its game on. I can even explain why the nickname is Spare parts.

The only reason I've mentioned 49's picks is to let her fans know that I'll monitor her photos over time and include any appropriate shots as necessary, particularly if its more of the stuff for the needy. At the moment its beanies for new-borns and little, fluffy toys that are her priority.

If any members have the urge to do similar for their local Ambulance, Police or other emergency service, the patterns for these and many other toys are freely available on the Internet or contact Chris at chris.49@bigpond.com

RALLY ROUND UP Trev 120

I received some Mallala info from Linda via Phil this week and after staring at it for a few hours, realised its been so long between events that making a map out of this paperwork looked somewhat daunting. Never mind, August the 8th is still a short way off, I'm sure things will turn out well. As will, I'm sure, the 24-hour on the 5th-6th September – not the 6th-7th as 48 would have us believe last month. I can see how the mistake happened, it's caught me before too, Microsoft in its wisdom to please all peoples has two calendar formats. One has the week starting on a Sunday, the other, starting on a Monday, thus at a glance without concentrating on the Letters denoting days at the top of each line, the weekend is either together at the end of a line or at the end of one line and the beginning of the next, which, as he explained, is what happened that time and to make sure of the date before printing, he went back to an email with the dates from Maria (24-hr committee), followed by a glance at the calendar on that computer but at time of putting the mag together, he wanted to make sure I had it right, which it was but looked wrong to him on the strange computer's calendar layout. I very much expect, he'll not be the last to get confused by that and maybe not even the last time it confuses him either. We've now been notified that the Mallala course has changed so we are awaiting new info before I can finalise the maps anyway.

TO's TWEET; Bill 78:

This is not just a repeat of a very important message but a reminder that if available don't be afraid to use an **A E D**, in fact, it is encouraged.

Three letters with a very important meaning?

An automated external defibrillator or AED is a portable electronic device that automatically diagnoses the potentially life threatening cardiac arrhythmias of ventricular fibrillation and ventricular tachycardia in a patient and is able to treat them through defibrillation. Defibrillation is the application of electrical therapy, which stops the arrhythmia, allowing the heart to re establish an effective rhythm.

AEDs are designed to be simple to use for the layman, and the use of AEDs is taught in many first aid, first responder, and basic life support level CPR classes.

WHY IS AN AED NEEDED?

Automated external defibrillators are miracles of modern technology, automatically assessing whether someone who is having an apparent heart attack is a candidate for

a shock, then administering one if needed. Without appropriate CPR and defibrillation, an SCA (Sudden Cardiac Arrest) patient's survival rate decreases by 10% every minute.

If defibrillated within the first minute of cardiac arrest, the chances for survival are close to 90%.

AEDs are designed to be easy to use for the inexperienced/general public.

From my basic training to use an AED.

Begin CPR and continue whilst obtaining and placing the AED.

Expose the upper chest area, if a female patient remove bra (metal pieces will cause burns if not removed), if male, with hairy chest, there is a razor to clean for a suitable area to apply pads.

Place pads with a path across the heart, e.g. upper right and lower left, from here on the machine once turned on will give you directions, it will even inform you if the pads are incorrectly placed.

Remember, to not try is ??

For more information refer to the internet, the majority of this message has been derived from this SOURCE.

TUCK'S TALES; Graham: 141:

A few months ago, I was winging about the heat. Look at it now, averaging about 15 degrees, and the other day (Tuesday) a pea souper fog that spread all over the Adelaide plains

But that is nothing, when we look at the effects of the Covid-19 pandemic. South Australia has done remarkably well, and a credit not only to our Premier, but to the Opposition who have supported the actions. This would have to be some sort of record. The opposition and the Government, in agreeance!!!

What about poor old Victoria. Huge numbers of people coming down with the virus. It wasn't so long ago that their Premier said "Adelaide? Who wants to go there?"

Now it's **SICTORIA!! WHO WANTS TO GO THERE??**

LAST MONTH'S
CROSSWORD ANSWERS

| | | | | | | | | | | | | | | | | |
|----|----|---|---|---|---|---|----|----|----|----|----|---|---|---|----|---|
| 1 | R | O | A | D | 3 | A | D | O | 5 | R | N | 6 | I | N | 7 | G |
| | E | | L | | 8 | S | | E | | E | | M | | | | U |
| 9 | L | A | I | D | O | F | F | | 10 | I | M | P | L | Y | | |
| | A | | B | | U | | O | | N | | R | | | | | S |
| 11 | P | A | I | N | T | B | R | U | S | H | E | S | | | | |
| | S | | | | H | | M | | P | | S | | | | 12 | A |
| 13 | E | S | C | A | P | E | | 15 | F | E | A | S | T | S | | |
| | D | | O | | A | | 16 | R | | C | | | | | | B |
| | 17 | U | N | A | C | C | E | P | T | A | 18 | B | L | E | | |
| 19 | R | | T | | I | | A | | I | | R | | | | | S |
| 20 | S | H | E | L | F | | 21 | P | E | N | D | A | N | T | | |
| | V | | N | | I | | E | | G | | K | | | | | O |
| 22 | P | E | D | I | C | U | R | E | | 23 | M | E | S | S | | |

These are the answers to last month's crossword, the first of the one's compiled by Michelle Richards and I'm disappointed by the regular puzzle doers, who have not commented, favourable or otherwise about her effort. Selfish, maybe but I like the thought of not compiling every crossword for the mag so if we want her to do a few more for us, how about a few aye-ayes or well-dones, I can pass on to her.

While on the subject, many of you have offered to compile crosswords for us but for some reason, nothing eventuated. How about rethinking your offers, put pen to paper and help do your bit, after all it is a member's mag for members.

We use the same grid each month so it is only a numbered list of clues that we require.

Birthday greetings.

.Birthday greetings for August are extended to:
Malcom 17 for the 2nd
Luke 371 for the 8th.and
Vicki 172 for the 29th.

We wish you all Many Happy returns of the day.

The average monthly loss of monitors was scary in August as we are down 8 people from the what was once a healthy August birthday list. All either left or defected.

We used to run a Wanted to sell, buy or exchange article here in the past but without member's wanting to advertise, it's become a non-event.

However, if members have items for sale etc, contact the editor and it will be re-introduced immediately.

Wanted to sell buy or exchange ads are free to members and can run until sold and/or you notify us to take it out. Adds can be placed by post to our Box number.

By phone or SMS (text) to Phil 48, 0400390800 and email phil.48@bigpond.com

Reminder, Reminder, Reminder.

Following the mail-out of the remittance form last month, we have had very little to no response, which is surprising because you are only offered one month's grace and if still no contact, one month later you are considered non-financial and the Communicator ceases.

Member's Contributions To Our Delinquency

Laughing in the face of adversity. Bill 78 sent a few laughs in this month and I couldn't resist starting off with a poke at the Covid-19 situation.

Social distancing – No problems but I fear Mum is going to be baptised too.



Another Corona casualty



If you thought the Toilet paper saga was crazy, wait until 250 million women try to book a Hair Dressing appointment.

They Walk Among Us!I'm unsure who sent these in but I'm glad he/she did. I guess we all know someone who fits this mould?

**I was at the checkout of a local K-Mart
The cashier rang up \$46.64 charges.
I gave her a fifty dollar bill. She gave me back \$46.64.
I gave the money back to her saying she had made a mistake in MY favour.
She became quite indignant and informed me she was educated and despite her young age, knew what she was doing, and again returned the money.
I tried giving her the money back -- same scenario!
I departed the store with the \$46.64.**

They Walk Among Us!

**I walked into a Starbucks with a
buy-one-get-one-free coupon for a Grande Latte.
I handed it to the girl and she looked over at
a little chalkboard that said 'buy one-get one free.'
"They're already buy-one- get-one-free," she said,
"so I guess they're both free."
She handed me my free lattes, I thanked her politely and walked out the door.**

They Walk Among Us!

**One day I was walking down the beach with some friends,
when one of them shouted, "Look at that dead bird!"
Someone looked up at the sky and asked, "Where?"**

They Walk Among Us!

**While looking at a house, my brother asked the real estate agent
which direction was north; because, he explained,
he didn't want the sun waking him up every morning.
She asked, "Does the sun rise in the north?"
When my brother explained that the sun rises in the East,
and has for sometime; she shook her head and said,
"Oh I don't keep up with all that stuff."**

They Walk Among Us!!

**I used to work in technical support for a 24/7 call center.
One day I got a call from an individual who asked
what hours the call center was open.
I told him, "The number you dialed is open
24 hours a day, 7 days a week."
He responded, "Is that Eastern or Pacific time?"
Wanting to end the call quickly, I said, "Uh, Pacific."**

LENNIE AND GINGER MICK (Submitted by Derek 40)

It's 1932 and Australia is in the grip of the Great Depression. One in three workers are unemployed. Decrepit shanty towns hug the outskirts of the big cities. A scrawny rabbit caught in a trap will feed a family for a week. Country roads are filled with broken men walking from one farmhouse to another seeking menial jobs and food. On the outskirts of the South Gippsland town of Leongatha, an injured farmer lies in bed unable to walk – or work. World War I hero Captain Leo Tennyson Gwyther is in hospital with a broken leg and the family farm is in danger of falling into ruins. Up steps his son, nine-year-old Lennie. With the help of his pony Ginger Mick, Lennie ploughs the farm's 24 paddocks and keeps the place running until his father can get back on his feet. How to reward him? Lennie has been obsessively following one of the biggest engineering feats of the era – the construction of the Sydney Harbour Bridge. He wants to attend its opening. With great reluctance, his parents agree he can go. So Lennie saddles up Ginger Mick, packs a toothbrush, pyjamas, spare clothes and a water bottle into a sack, and begins the 1000+ kilometer (600+ miles) trek to Sydney. Alone.



That's right.

**A nine year old boy riding a pony
from the deep south of Victoria to
the biggest and roughest city in
the nation alone.**

**How's that for different?
Different times in particular.**



IN THE KITCHEN WITH CHRIS 49.

CHOCOLATE AND BERRY HEART CAKE

2 x 470g packets chocolate cake mix, including chocolate icing
100g packet hazelnut meal 80g dark chocolate, grated
1 cup Dark Choc Melts, melted 1 metre purple ribbon, to decorate
2 x 250g punnet strawberries, halved

Method –Grease a 25cm heart-shaped cake pan. Line base and sides of cake pan with baking paper.

Prepare cake mixes according to packet directions. Fold in hazelnut meal and grated dark chocolate. Pour mixture into prepared cake pan.

Cook in a moderate oven (180°C) for about 1 hour, or until a skewer comes out clean when inserted into center of cake. Stand in pan for 5 minutes before turning out onto a wire rack to cool.

Cut two 7cm x 60cm strips of baking paper. Spread melted chocolate evenly over strips of baking paper. Stand for about 5 minutes, or until chocolate is set. Gently peel baking paper away from chocolate. Cut chocolate into 4cm-wide pieces. Set aside.

Prepare chocolate icing according to packet instructions. Spread icing over top and sides of cake. Press chocolate pieces into icing around the sides. Secure with ribbon. Arrange strawberries over top of cake.

CHOCOLATE JAM PUDDINGS

| | |
|-------------------------------|---------------------------------|
| 1½ cups Dark Choc Melts | 1/3 cup raspberry jam |
| 1½ cup caster sugar | 1 cup water |
| 125g unsalted butter, chopped | ½ tsp bicarbonate of soda |
| 2 tblspns cocoa powder | 2 eggs |
| 1½ cups S R flour | Extra cocoa powder, to decorate |
| ice-cream to serve | |

Method: -Grease eight ovenproof dishes (1-cup capacity).

Place eight Choc Melts over the base of each dish. Top each with tspns raspberry jam.

Place sugar, water, butter, bicarbonate of soda and cocoa powder in a saucepan, Stir over low heat until sugar is dissolved. Bring to boil, then simmer, uncovered, for 5 minutes. Remove and allow to cool for 10 minutes.

Transfer mixture to large bowl of electric mixer. Beat in eggs then flour on low speed. Increase speed to medium and beat for a further 2 minutes. Divide mixture evenly among dishes.

Cook in a moderate oven (180°C) for about 25 minutes, or until cooked when tested.

Dust hot puddings with sifted cocoa powder.

Serve with ice-cream.

CHOCOLATE MOUSSE CUPS

200g dark eating chocolate, chopped
1 tblspn brandy
½ cup caster sugar
cocoa powder, to decorate

10g unsalted butter, melted
4 eggs, separated
300ml tub thickened cream
fresh berries, to serve

CHOCOLATE CUPS

18 large muffin paper cases

200g dark eating chocolate, chopped

Method: -To make mousse, place chocolate in a large heatproof bowl. Sit bowl over a pan of simmering water and stir until smooth. Remove from heat and whisk in warm butter and brandy until well combined.

Beat egg yolks and half the sugar in a small bowl with an electric mixer for about 2 minutes, or until thick and creamy. Fold into chocolate mixture. Beat egg whites and remaining sugar in a small bowl with an electric mixture until soft peaks form. Fold into chocolate mixture in two batches.

Whip cream until soft peaks form, then fold into mousse. Cover and refrigerate overnight, or until set.

To make chocolate cups, place six paper cases onto tray. Put another two paper cases into each of the six cases to triple-line. Place chocolate into a small heatproof bowl. Sit bowl over a pan of simmering water and stir until smooth. Spoon about 1 heated tblspn of melted chocolate into each of the six cases. Using the back of a spoon, spread chocolate over base and up side of each case. Refrigerate for 10 minutes or until set.

Before serving, peel away paper cases. Spoon mousse into cups. Dust with sifted cocoa. Serve with berries.

BERRY WHITE CHOCOLATE TIRAMISU

| | |
|------------------------------------|-----------------------------------|
| 300ml thickened cream | 250g tub mascarpone |
| ¼ cup icing sugar mixture | 1 cup bottled mango juice |
| ¼ cup orange-flavored liqueur | 25g packet sponge finger biscuits |
| 100g white chocolate, grated | 1 cup frozen mixed berries |
| white chocolate curls, to decorate | |

Method: -Whip cream, mascarpone and icing sugar mixture in a medium bowl with electric mixer until soft peaks form.

Combine juice and liqueur in a medium bowl. Dip half the sponge fingers, one at a time, into mixture. Arrange, side-by-side, over base of a serving dish (6-cup capacity).

Spread a third of the cream mixture over biscuits. Sprinkle with half the grated chocolate then half the berries. Repeat layering with remaining dipped sponge fingers, a third of the cream mixture, remaining chocolate and berries. Spread remaining cream mixture over top. Cover, refrigerate overnight.

Before serving tiramisu, decorate with chocolate curls.

CHOCOLATE COCONUT TRUFFLES

| | |
|---------------------------------------|--|
| 200g packet original Tim Tam biscuits | 400g dark eating chocolate, chopped |
| ½ cup cream | 2 tblspns Malibu (coconut flavoured liqueur) |
| 1 cup shredded coconut | |

Method: -Process Tim Tam biscuits in food processor until coarsely chopped.

Place chocolate and cream in a medium saucepan. Stir over low heat until chocolate is melted. Remove from heat. Stir in Malibu. Transfer to a medium bowl. Cover, and refrigerate for about 1½ hours, or until mixture is firm.

Add chopped biscuits to chocolate mixture and stir well. Roll heaped teaspoons of mixture into balls. Toss in coconut to coat all over. Place onto a tray lined with baking paper. Refrigerate for 30 minutes, or until firm.

CHOCOLATE POWDER PUFFS

| | |
|-------------------------------|--|
| 2 eggs | 4 tblspns caster sugar |
| 1 tblspn cocoa powder | 2 tblspns plain flour |
| 2 tblspns self- raising flour | Drinking chocolate powder, to decorate |
| Filling | |
| 2/3cup thickened cream | 3 tblspns icing sugar mixture |
| ½ tsp strawberry essence | ¾ cup frozen raspberries, thawed |
| pink food colouring | |

Method: -Grease two 12-hole shallow patty pans. Sprinkle a little plain flour over patty pan holes, then shake away any excess.

Place eggs in the small bowl of an electric mixer. Beat until thick and creamy.

Gradually add caster sugar, 1 tblspn at a time, beating additions.

Sift cocoa powder, plain flour and self-raising flour together, twice, onto a sheet of plastic wrap. Fold gently into egg mixture until just combined.

Spoon mixture into prepared holes of patty pans.

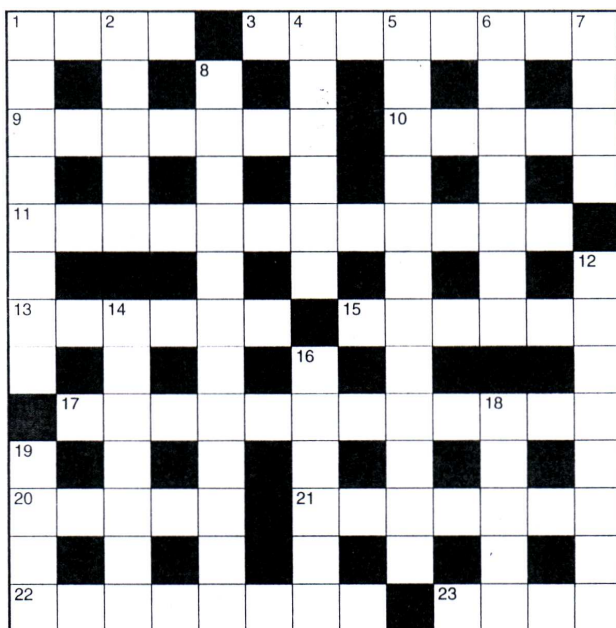
Cook in a moderate oven (180°C) for about 8 to 10 minutes, or until cakes have puffed up. Turn onto a wire rack to cool.

To make filling, beat thickened cream and icing sugar mixture in a medium bowl until firm peaks form. Gently fold in strawberry essence, thawed raspberries and a few drops of pink colouring.

Sandwich chocolate puffs together with filling.

Serve chocolate powder puffs dusted with sifted drinking chocolate powder.

Compiled by
Chris-49
August '20



ACROSS

- 1. Pop group. (4).
- 3. Kitchen tidy (5, 3)
- 9. Hair trimmer. (7).
- 10. Wild dog (Aust) (5).
- 11. Phobia. (12).
- 13. Exaggerate.(6).
- 15. Small marsupial. (6).
- 17. Sweat. (12).
- 20. Sports ground. (5).
- 21. Malady. (7).
- 22. Scrape. (8)
- 23. Snakes. (4).

DOWN

- 1 Forbearer . (8)
- 2. Airship. (5)
- 4. Herons. (6)
- 5. As well. (12)
- 6. String instrument (Pl). (7)
- 7. Middy. (4)
- 8. Sexual stimulants. (5, 7)
- 12. Comes out from a source. (8).
- 14. Spectacles. (7).
- 16. Smooth (musical). (6).
- 18. Thoughts. (5)
- 19. Fete. (4).

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